

OFFICE LOCATIONS:

Options Unlimited of Fulton

5060 County Road 306

Fulton, MO 65251

573-642-3215

573-642-7031 Fax

Options Unlimited of Mexico

400 East Liberty

Mexico, MO 65265

573-581-7887

573-581-1026 Fax

Toll Free 1-866-401-6661

Crisis Assistance Available

24 Hours a Day:

1-800-833-2064

ACCREDITATION:

CARF

The Rehabilitation Commission.

CERTIFICATION:

The Missouri Department of
Mental Health.

OPTIONS UNLIMITED



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5060 County Road 306
Fulton, MO 65251

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400 East Liberty
Mexico, MO 65265

Options Unlimited is a community psychiatric rehabilitation center. Options is dedicated to providing the highest quality of mental health services to those with serious and persistent mental illness. This includes those individuals with schizophrenia, serious depression, bipolar (manic-depressive illness), panic, anxiety, post-traumatic stress, severe phobias and borderline personality disorder.

Options provides several services that assist you or someone you know with meeting personal goals and living the most independent life possible.

Community Support: Each person enrolled will be connected with a community support worker who assists them with getting their mental illness symptoms under control. They assist individuals with staying healthy and in developing the skills needed to live the most productive and satisfying life possible.

Activities: Options provides a wide range of educational and social activities. It is a chance to meet others, develop hobbies, and get out into the community with a safe group. It offers a chance to meet others who share similar interests.

Medication Services: Options has psychiatrists who work with the program to provide people with the best possible care. Options will also work with your own psychiatrists if you already have one. Each doctor and community support worker work together as a team to provide individualized supports tailored to your needs. This includes education about symptoms and helping people with tracking their medications.

Crisis Intervention: Options operates a 24-hour / 7 day-a-week crisis line to assist you in times of crisis. In emergency situations or emotional crisis, someone is just a phone call away.

Assessment and Treatment Planning: Each person has a complete assessment to help them and the Options staff to identify strengths and areas where support is needed. Treatment planning helps the person and the treatment team identify creative ways to work together in the recovery process.

Employment Services: Options provides supportive employment services to assist persons in returning to the workforce. Our staff assist persons in finding a job that is both interesting and fulfilling. We provide support both with the job and in maintaining benefits important to your recovery.

Where are Options services available?

Options provides services in the following counties:

Audrain,
Callaway,
Montgomery,
Monroe,
Pike,
Ralls.

Cities that are included in this area are:

Bowling Green,
Fulton,
Holt Summit,
Louisiana,
Mexico,
Monroe City,
Montgomery City,
New Bloomfield,
Paris.