

OFFICE LOCATIONS:

Arthur Center

321 W. Promenade

Mexico, MO 65265

573-582-1234

Toll Free 1-866-401-6661

Arthur Center

620 E. Monroe

Mexico, MO 65265

573-582-8577

Options Unlimited of Fulton

5060 County Road 306

Fulton, MO 65251

573-642-3215

Options Unlimited of Mexico

400 East Liberty

Mexico, MO 65265

573-581-7887

Toll Free 1-866-401-6661

ACCREDITATION:

Arthur Center is accredited by CARF - The Rehabilitation Commission and is also certified by The Missouri Department of Mental Health.



ARTHUR CENTER

**Outpatient
Services**



ARTHUR CENTER

321 West Promenade

Mexico, MO 65265

573-582-1234

573-582-1212 Fax

Toll Free 866-401-6661

ArthurCenter.com

321 West Promenade

Mexico, MO 65265

Crisis Assistance Available

24 Hours a Day:

1-800-833-2064

Arthur Center is a not-for-profit behavioral health care provider incorporated as East Central Missouri Behavioral Health Services, Inc. It began as a Community Mental Health Center more than 35 years ago. Since then, Arthur Center has expanded its services to three sites: Mexico Outpatient services, Mexico Options Unlimited and Fulton Options Unlimited.

Arthur Center's mission is to partner with the people we serve, families, communities and other human service organizations in providing quality behavioral health services. Our vision is to empower clients to pursue their hopes and dreams in partnership with their families, community and other human service providers.

Emergency Services: Individuals can access Arthur Center's toll-free crisis line 24 hours a day, 7 days a week at **1-800-833-2064**. Qualified behavioral health care professionals are available to provide information and assessment. During regular office hours, clinicians are available for walk-in crises and can assist with a variety of services until routine services can be established. Inpatient care can be facilitated for both adults and youth when required.

Arthur Center provides outpatient services to persons residing in Audrain, Callaway, Montgomery, Pike, Ralls and Monroe counties.

A variety of services are offered:

- ~ Psychiatric/Psychological Evaluations (one hour in length for psychiatric evaluations conducted by a psychiatrist or psychiatric nurse practitioner and does not include therapy; psychological evaluations can take up to three hours, are conducted by a psychologist and do not include therapy). Eligible clients include ages 3 years and up.
- ~ Individual Psychotherapy (therapy conducted by licensed therapists and usually lasts approximately 1 hour). These can be scheduled on an intensive weekly basis, every second week, monthly, or on an as needed basis.
- ~ Group Psychotherapy (facilitated by licensed therapists and usually lasts from 1 hour and 30 minutes to 2 hours. Groups can be scheduled on a weekly or biweekly basis).
- ~ Medication Management (conducted by a psychiatrist or advanced practice nurse who reviews current medication, symptom control, side effects & progress toward treatment goals and usually lasts 15 minutes in length).
- ~ Family and Marital Counseling (therapy conducted by licensed therapists and can last from 50-75 minutes in length).
- ~ Nursing Support including assistance with medication issues and patient assistance programs.

Behavioral Wellness Programs: Arthur Center offers behavioral wellness education to the community at large. Services include available speakers, educational information and behavioral healthcare promotion programs to groups such as schools, women's shelters, law enforcement personnel or any group seeking information.

Professional Staff: Arthur Center's clinical team includes board certified psychiatrists, licensed psychologists, advanced practice nurses, Licensed Clinical social Workers and Licensed Professional Counselors. All of these professionals have access to a variety of other service providers including community agencies, primary care physicians and specialists.

Financial Information: Arthur Center is committed to offering the most advanced and cost-effective behavioral health care. As a result, we participate in a growing number of managed care and preferred provider arrangements. Additionally, our psychiatric services are covered by most major medical insurance plans.

Referrals and Admissions: Any individual can call and make an appointment for an initial screening visit. Arthur Center makes every effort to schedule appointments promptly at the convenience of our clients. The length of the recommended treatment varies depending upon the client's individual condition and progress.